

# Mental Health & Medicaid

## NEVADA

Behavioral Health: Medicaid is the single largest payer for mental health services in the United States and is increasingly playing a larger role in the reimbursement of substance use disorder services. There were nearly 12 Million visits made to the U.S. hospital emergency departments in 2007 that involved mental disorders, substance abuse problems, or both.

### Did You Know?

- 27 million children under the age of 18 are covered under Medicaid
- 75.6% had a follow up after being hospitalized due to mental illness 7 days after discharge
- Children's Health Insurance Program beneficiaries receive full service array through Medicaid for mental health
  - 15 Million people are diagnosed with a mental disorder
  - 11% of youth have a mental disorder

## 2016 Nevada Children's Report Card Highlights

### Mental Health

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The Mental Health grade is based upon mental health treatment, attempted suicides, and teen suicide rates. Nevada ranks 49th in the nation for mental health treatment in which children receive needed mental health treatment or counseling in the past 12 months\*. While Nevada's attempted suicide rank plummeted from 16th in 2013 to 30th in 2015, with a significant increase in attempts – 10.7% in 2015 compared to 6.8% in 2013 – our actual suicide rate has dropped from 3.88 to 2.29 (per 100,000 children ages 0-18), increasing our rank from 36th to 16th.

### Access to Health Care

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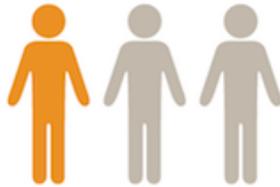
Access to Health Care grade considers the number of children without insurance, children who have a medical home, and patient to provider ratios (per 100,000). In 2014, Nevada ranked 48th in the nation for the percentage of children without health insurance at 9.6%, a significant decrease from 16.6% in 2012. This decrease is due primarily to the implementation of the ACA; Nevada had the largest percent decrease in uninsured children than any other state in 2014. Nevada ranks 50th in the percentage of children with a medical home\* and 48th in patient provider ratios at 69.8 per 100,000, an increase of only .4 from the previous period.

## Medicaid Helps Nevada's Families

**422,000**

Nevadans get quality comprehensive, affordable coverage through Medicaid.

Most are children, seniors, and people with disabilities.



**248,000** of Nevada's children get health care through Medicaid, including the primary care they need to stay healthy.

That's **1 of 3 kids** in Nevada who rely on Medicaid for their care. Nevada's kids are particularly vulnerable to cuts to Medicaid.

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### Mental Health Funding Cuts

February 1, 2017 – Governor Brian Sandoval has proposed cutting the mental health budget by \$20 million dollars, including eliminating 112 positions statewide. His argument – Medicaid expansion under the Affordable Care Act means more mentally ill clients can find care in private hospitals.

However at the federal level, Congress has proposed several changes to Medicaid including the elimination of Medicaid expansion. With both state level and federal level funding cuts proposed to mental health services, Nevadans will find many changes to the current mental health structure in Nevada.

Governor Sandoval's proposed \$20 million dollar cut will effect two agencies providing mental health care to state clients and eliminates 112 positions, most being psychiatrists, psychiatric nurses, pharmacy technicians and other mental health care workers employed by the state.

In light of the proposed American Health Care Act, Governor Sandoval has requested a review by the Department of Health and Human Services of the potential impact for Nevada. It is unknown at this time if this review will include any changes to the Governor's proposed budget for mental health services.